



**STATE OF NEVADA
DEPARTMENT OF ADMINISTRATION
DIRECTOR'S OFFICE**

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MEMORANDUM

December 29, 2021

TO: Department Directors

FROM: Laura E. Freed, Director
Department of Administration

SUBJECT: **Updated CDC Guidance for COVID-19 Isolation and Quarantine**

The Department of Administration issued a memorandum to directors on August 3, 2021, providing the Center for Disease Control and Prevention's (CDC) then-guidance on fully vaccinated employees exposed to COVID-19. On December 27, 2021, the CDC released a broad update to its guidance on quarantine and isolation for persons infected with or exposed to COVID-19. The CDC notes that the changes to its guidance are based on current knowledge of COVID-19 and the Omicron variant, and specifically that the science is demonstrating the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. This memorandum explains the new recommendations for persons infected with or exposed to COVID-19.

Those who test positive for COVID-19

Regardless of vaccination status, an employee who tests positive for COVID-19 should isolate according to the following guidelines:

- Stay home for 5 days.
- If they have no symptoms or their symptoms are resolving after 5 days, they can leave their house.
- Continue to wear a mask around others for 5 additional days.
- *If they have a fever, continue to stay home until the fever resolves.*

Those who were exposed to someone with COVID-19

Employees who have been exposed to someone with COVID-19 should adhere to the following guidance based on their vaccination status.

Those who have:	Should:
Received their COVID-19 booster, OR	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5, if possible. • <i>If they develop symptoms, get a test and stay home.</i>
Completed the primary series of Pfizer or Moderna vaccine within the last 6 months, OR	
Completed the primary series of Janssen/Johnson & Johnson vaccine within the last 2 months	

Those who have:	Should:
Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • If they cannot quarantine, they must wear a mask for 10 days. • Test on day 5 if possible. • <i>If they develop symptoms, get a test and stay home</i>
Completed the primary series of J&J over 2 months ago and are not boosted OR	
Not been vaccinated	

As a reminder, the Governor’s policy is that state employees must wear masks indoors in public settings in counties with high transmission rates of the virus, regardless of vaccination status.

The COVID-19 pandemic has proven to be an evolving situation necessitating changes to recommendations as the CDC gains new knowledge or as new variants of the virus emerge. As such, this CDC guidance may again change in the future. The Department of Administration remains committed to sharing best practices with agencies so that they may adjust their human resources policies and procedures accordingly.