MEMORANDUM

August 3, 2021

TO: All Directors

FROM: Laura E. Freed, Director
Department of Administration

SUBJECT: Updated Guidance for Fully Vaccinated Employees Exposed to COVID-19

In February 2021, the Division of Human Resource Management (DHRM) issued a memorandum (HR# 03-21) relating the Centers for Disease Control and Prevention’s (CDC) then-quarantine guidance for fully vaccinated persons. This memorandum explains the CDC’s latest guidance regarding best practices for fully vaccinated individuals after being exposed to or infected with COVID-19.

The CDC notes that for fully vaccinated persons, many indoor activities pose low risk, and infections happen in only a small proportion of fully vaccinated persons, even with the Delta variant circulating as the predominant strain of the virus. Nonetheless, it is certainly possible for fully vaccinated persons to be exposed to those who are infected with COVID-19, and breakthrough infections, while rare, can happen.

As always, any fully vaccinated person who experiences symptoms consistent with COVID-19 should isolate themselves from others and be clinically evaluated for COVID-19, including testing for the presence of SARS-CoV-2.

However, if any fully vaccinated employee is exposed to someone with suspected or confirmed COVID-19, and does not feel any symptoms consistent with COVID-19, that employee should do the following:

- Inform their supervisor;
- Get tested three to five days after the exposure; and
- Wear a mask indoors for 14 days after the exposure or until a negative test result is received.
Fully vaccinated people with no COVID-like symptoms do not need to quarantine or be restricted from working following an exposure, provided they follow the instructions above. However, all fully vaccinated persons who have been exposed to a COVID-positive person need to monitor for COVID symptoms for 14 days following the exposure.

As a reminder, the Governor’s policy is that employees must wear masks indoors in public settings in counties with high transmission rates of the virus, regardless of vaccination status.

As the CDC learns more about the behavior of the virus, this guidance may change. The Department of Administration remains committed to sharing best practices with agencies so that they may adjust their human resources policies and procedures accordingly.